

## Sai Vibrionics Newsletter

[www.vibrionics.org](http://www.vibrionics.org)

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."  
...Sri Sathya Sai Baba

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## ☪ From the Desk of Dr Jit K Aggarwal ☪

Dear Practitioners

### Call to participate in 90<sup>th</sup> Birthday offering

I would like to begin with a very important announcement to Sai Vibrionics practitioners. As you all know, 23<sup>rd</sup> November is the 90<sup>th</sup> Birthday of our beloved Bhagawan Sri Sathya Sai Baba. On this auspicious and joyous occasion, Sai Vibrionics will make an offering of Vibrionics cases to Swami. All practitioners are invited to send in case histories to be included in the offering that will be presented to our Lord.

We are offering the cases to express our love to Swami, for He is the true Healer of every patient and all of us. The 90<sup>th</sup> birthday celebration also gives us a precious chance to express our devotion to Swami as His instruments. What better way to express our gratitude for His gift than by offering to our Lord the fruits of the seva that He has entrusted to us!

All practitioners can participate by sending in one or more case histories to be included in the special 90<sup>th</sup> Birthday issue of the *Sai Vibrionics Newsletter*. We wish every region and every country to be represented. We will include as many cases as possible but *all* completed cases which are submitted by our deadline will be presented to Swami on His Birthday. The rest of the cases will be published in later issues.

Please send in your case histories to [news@vibrionics.org](mailto:news@vibrionics.org) as soon as you can. We welcome solid ordinary cases that are typical of your daily practice as well as extraordinary cases. Please do your best to provide complete information as that will save time and work. To help you ensure that you have collected all the information, I have compiled a check list. Please [click here](#) for details (You will first need to log into the Vibrionics website [www.vibrionics.org](http://www.vibrionics.org), using your username and password; if you need help, contact [news@vibrionics.org](mailto:news@vibrionics.org)).

Cases will be accepted beginning now up to 10<sup>th</sup> October. The 10<sup>th</sup> October deadline is firm. This will allow us time to edit and follow up with you on any missing information to prepare the cases for presentation and publication. Please don't wait until the last minute. The sooner you send in your case the better as this will allow us to spread our workload. We sincerely hope that all practitioners will avail of this precious opportunity.

### Gratitude to Kerala practitioners for seva

I wish to express my deep appreciation for the Kerala coordinator and his team of practitioners who make special trips to Prashanti Nilayam to assemble 108CC boxes. These boxes are vital for the practice of vibrionics! It may not be apparent but much work is involved in doing this. Also, they have taken charge of collecting data, preparing, printing and dispatching to members the ID cards for membership of our international association IASVP. Their seva benefits practitioners all around the world.

**This issue's focus: Delhi practitioners**

The work of a diverse group of dedicated practitioners from Delhi is the focus for this issue. We would like to commend **Delhi-NCR Coordinator<sup>02859...India</sup>** for her important contribution in organising and compiling many practitioner profiles and cases, including her own. They provide an inspiring example of love in action.

In loving service to Sai  
Jit K Aggarwal

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## ❧ Case Histories Using Combos ❧

### 1. Parkinson's disease and Psoriasis <sup>02859...India</sup>

In March 2013, a male patient aged 54 years approached the practitioner in an unhappy state. He was walking with the support of his two sons. He had middle-stage Parkinson's disease, diagnosed 6 years previous, for which he was being treated with allopathic drugs at a government hospital in Delhi, and also taking Zandopa (mucuna pruriens). Due to tremors, stiffness and body pain, he was dependent on his family members even for his daily routine. He also complained of psoriasis and bed sores. He was unable to sleep in the same position for a long time and was very uncomfortable. He was given:

**For Parkinson's symptoms:**

**#1. CC18.6 Parkinson's disease + CC20.2 SMJ tonic...TDS**

**For Psoriasis and sores:**

**#2. CC21.10 Psoriasis + CC21.11 Wounds & Abrasions...TDS**, orally and also in coconut oil for external application

In two months' time, he was relieved of his skin problems and the dosage of **#2** was reduced to **OD**. Also, all Parkinson's symptoms were reduced by 50%. He was able to move about in his house without any help. He was sleeping peacefully and was quite happy. Seeing his improvement, his doctor reduced his main Parkinson's medication to half. The patient continued taking **#1 TDS**. After another month, there was nearly 80% improvement in his condition. The patient then resumed his work on his farm and was again completely independent, and his doctor reduced his muscle relaxant. He and his family were overwhelmed and extremely thankful to the Lord for this godsend.

He stopped taking **#2** but continued with **#1** for three more months before contact with the practitioner ended.

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### 2. Infected foot <sup>02859...India</sup>

The practitioner writes: In April 2011, I completed the 3-day Assistant Vibrionics Practitioner (AVP) course being held in my city with the sole prayer of being of some help to at least one person. A short time thereafter, I got my first patient. I came across a very poor lady with a swollen, pus-filled left foot. She was limping and finding it difficult to do the daily chores required of her to earn her daily bread as a housemaid for one of my relatives. She had been suffering thus for more than a fortnight. I gave her:

**CC21.1 Skin tonic + CC21.11 Wounds & Abrasions...6TD**

In a week's time, the pus had completely drained, the swelling was gone and she had no pain. She was able to walk now and do her work. Thereafter, the dosage was reduced to **TDS** for three days and continued **OD** for another week.

**The practitioner's comment:**

The patient was completely healed without having to spend time and money on allopathic treatments. I was filled with wonder, gratitude and a deep sense of responsibility for doing this seva with the utmost sincerity. The journey thereafter has been deeply humbling for me and I am doing regular seva in slum areas. Swami's love and grace continue to flow.

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### 3. Toothache, Pica and Hair loss <sup>02859...India</sup>

In May 2013, a 22-year-old male patient complained of great sensitivity to cold or hot foods, which triggered toothaches. Since childhood he was also habituated to eating chalk and other non-nutritive

substances. During the previous month, his hair had been falling out and turning grey, and he was concerned about his appearance. He was given:

For toothache and pica:

#1. **CC11.6 Tooth infections + CC15.4 Eating disorders...TDS**

For hair problems:

#2. **CC11.1 Hair tonic + CC11.2 Hair problems + CC15.1 Mental & Emotional tonic...TDS**

After three weeks, he reported that the toothache was gone, his food cravings were down by 80% and hair loss had been reduced by 60%. After two months' treatment, his remaining ailments were completely cured and he was very happy. The dosage was reduced to **OD** and continued for another month.

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**4. Examination stress** 02859...India

The panic-stricken parents of a 17-year-old girl approached the practitioner in mid-January 2014. Their daughter had been an excellent student all her life but was wilting under social and academic pressure of writing the Class XII Board exams [Editor's note: These are high-stake examinations for Indian secondary school students, required for university admissions.] She had lost her confidence and was finding it impossible to recall and then express herself under examination conditions. She was given:

**NM5 Brain TS + BR4 Fear + BR6 Hysteria + SM1 Removal of entities + SM2 Divine protection + SM6 Stress + SM9 Lack of confidence + SM41 Uplift + SR218 Base chakra + SR222 Sacral chakra + SR227 Coral...6TD in water**

After a week's time, the parents reported a significant improvement. The student was back on track and working hard. The dosage was reduced to **TDS** for an additional 15 days. The student was now her old self. The dosage was therefore reduced to **OD** and continued until the examinations were over in the last week of March. The student did very well in the examinations and is once again living her life with confidence.

If using the 108CC box give: **CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic**

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**5. Depression, Neck pain** 02859...India

A 27-year-old male patient complained of severe neck pain for the past three years and sought treatment in March 2015. Allopathic treatments did not give any lasting relief. He also said that due to various difficulties in his life, he was suffering from depression, low self-esteem and occasional stammering. He appeared forlorn. He was given:

For neck pain:

#1. **CC10.1 Emergencies + CC20.1 SMJ tonic + CC20.5 Spine...TDS**

For mental and emotional problems:

#2. **CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic + CC18.1 Brain disabilities...TDS**

By mid-May, the neck pain was gone but with other problems, he was feeling 80% better. He sounded very happy. The remedies were continued for another month **TDS** and then reduced to **OD**. As the stressful conditions still continue, the patient is continuing to take the remedies **OD** as of August 2015.

The practitioner's comment:

When the boy reported that his neck pain was gone and sounded very happy, this was an overwhelming moment for me as the boy had sounded terribly dejected at our first meeting.

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**6. Depression in menopause** 02859...India

In January 2015, a 49-year-old woman told the practitioner that she was always unhappy and losing a sense of purpose in life. An otherwise cheerful person, she said that she had no desire to interact with people anymore. The frequency of her periods was also erratic. She was given:

**CC15.1 Mental & Emotional tonic + CC8.6 Menopause...TDS**

In a week's time, she reported that she was pleasantly surprised at how well the remedy had worked. After two months' treatment in March, she reported that she felt completely recovered, peaceful and contented. The dosage was reduced to **OD** for one month, after which it was further reduced to **OW**. As of August 2015, the patient remains on the maintenance dosage of **OW**. Her periods have stopped completely. She is now a firm believer in Vibrionics and has sent many patients to the practitioner.

## 7. Eczema <sup>11569...India</sup>

A 60-year-old woman had been suffering from eczema under her eyes for 5 to 6 years. The area was puffy. She had tried allopathic treatment for the eczema, with limited effect, and the puffiness continued. On 5 May 2015 she was given the following:

**#1. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC21.6 Eczema...TDS in water**

**#2. CC21.6 Eczema...BD in water** for external application

There was no change for the first 10 days. Progress was made after the dosage of **#1** was increased to one dose every 10 minutes for one hour per day. After three days, the puffiness was visibly reduced (see photos below: left: before treatment and right: after treatment). The eczema was down by 80%. The dosage of **#1** was then changed to **6TD** for two weeks, followed by **TDS** for one month. By this time, the eczema was completely gone. **#1** was continued **OD** for another two weeks.



## 8. Chronic respiratory problems <sup>11569...India</sup>

A 47-year-old woman sought treatment for long-term respiratory problems. She presented with pneumonia. This was her second bout. She had suffered from recurrent respiratory diseases including bronchitis, strep throat and chest tightness for 40 years. The patient was taking allopathic treatment but the tightness in her chest was not getting cured. She also had Lupus and IBS for 13 years. Since the pneumonia and other chest problems were bothering her the most, the vibronics treatment was started on 29 April 2015 with:

**CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC19.3 Chest infections chronic + CC19.7 Throat chronic...TDS in water**

After three days, there was no relief, so the dosage was changed to one dose every 10 minutes for one hour per day. By the end of seven days, her chest tightness had reduced considerably. Then the dosage was changed to **6TD** for three days followed by **TDS** for one month. During this period, her pneumonia and chest tightness were completely cured. She continued **OD** for one week before stopping. Afterwards, the patient moved away, so the other health issues could not be treated.

### 9. Scalp psoriasis <sup>11569...India</sup>

A 50-year-old woman had been suffering from scalp psoriasis (white scaling) at the back of the head for ten years. She was given:

**#1. CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC21.10 Psoriasis...TDS in water**

**#2. CC21.10 Psoriasis ...TDS in water** for external application

After three days there was mild improvement. Then the dosage of #1 was changed to one dose every 10 minutes for one hour per day, for the next seven days, and the psoriasis improved by 90%. Both **#1** and **#2** were continued **TDS** for one more month. By the end of this time, the psoriasis was completely gone, so **#2** was stopped. As of August 2015, the patient continues to take **#1 OD** as a preventive.

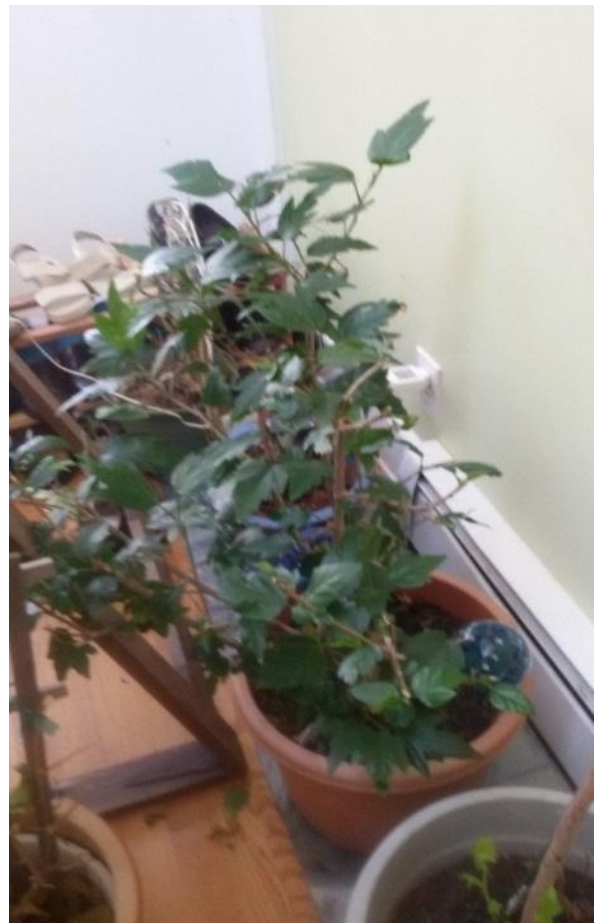


### 10. Droopy plant <sup>11569...India</sup>

The leaves of a houseplant were drooping down for about a month (as shown in photo below, left), despite being watered regularly. The plant was given:

**CC1.2 Plant tonic...in water**

It recovered completely within 24 hours after a single dose. The 'after' photo (below, right) was taken the very next day.



### 11. Abscesses and itchiness on leg <sup>11570...India</sup>

An 11-year-old boy from a poor family was brought to the practitioner on 27 April 2015 with abscesses and itchiness on his right leg of 6-7 months' duration. An allopathic doctor had treated him with injections and promised a complete cure. The boy got 20-30% improvement initially. Then the infection went back to the same level. The patient was given:

**#1. CC12.2 Child tonic + CC21.2 Skin infections + CC21.11 Wounds & Abrasions...TDS**

**#2. CC21.2 Skin infections + CC21.11 Wounds & Abrasions ...BD in coconut oil** for local application

After 15 days, there was 50% improvement; and after one month's treatment there was around 90% improvement.

Following this, the boy returned to his village for the summer vacation and treatment lapsed. On 28<sup>th</sup> June, he was brought back to the practitioner. The infection on his right calf was gone and the skin was healing. But new infections were now seen on the right thigh and left leg (see photos below)

The patient was given #2 for local application and also:

**#3. CC12.2 Child tonic + CC17.2 Cleansing + CC21.2 Skin infections + CC21.11 Wounds & Abrasions...TDS**

The boy got a pullout during the first 5-6 days of treatment. The symptoms got worse but they were tolerable, so the treatment was continued. After that, the infection started to slowly subside. The boy's father was advised to maintain proper hygiene by keeping a separate towel for the child and by washing his clothes separately and adding an antiseptic.

On 2 August, 2015, three months after starting the treatment, the patient reported that he was fully cured. The discoloration on his skin was fading (see photos below). He was asked to continue both #1 and #2 OD for another month before stopping.



The practitioner's comment:  
The practitioner is deeply grateful to have been part of this divine healing.

## 12. Indigestion, Chlamydia, Menopause and Mouth Blisters <sup>11572...India</sup>

On 29 April 2015 a woman (aged 49) sought treatment for a host of health issues from which she had been suffering for the past three years. These included indigestion, flatulence, food allergies and also Chlamydia and post-menopausal discomfort, including extreme vaginal dryness, hot flushes and depression with mood swings.

She would also develop blisters in her mouth as soon as she started eating. The blisters were not only due to food allergies but also from any food flavoured with anything other than salt. The blisters would appear at any time and at times even without having eaten anything. Her indigestion would result in flatulence and give her extreme headaches and vomiting. She had undergone various diagnostic tests and had tried many allopathic medications, but continued to be unwell. The patient was given:

**For constipation, chlamydia and menopause:**

**#1. CC4.4 Constipation + CC8.5 Vagina & Cervix + CC8.6 Menopause...TDS**

**For flatulence and mouth blisters:**

**#2. CC4.5 Ulcers + CC4.10 Indigestion + CC11.5 Mouth infections + CC21.2 Skin infections + CC8.1 Female tonic...TDS**

**For mouth blisters, made in water for external application:**

**#3. CC11.5 Mouth infections + CC21.2 Skin infections...as needed**

After 10 days' treatment, the patient reported significant improvement. The frequency of mouth blisters had been drastically reduced to one eruption every three days. There was about 20% relief in other symptoms also. The patient was given an additional support:

**For food allergies:**

**#4. CC4.10 Indigestion...as needed**

Her indigestion problem was completely resolved by the end of two weeks. The rest of the symptoms were gradually resolved in stages. Subsequently the mouth blisters were further reduced and menopausal symptom and constipation were cured. This recovery took place over a period of about eight weeks from the start of treatment. As of August 2015, she remains symptom free except for the mouth blisters. They recur now sometimes when she eats very spicy food, about once in two months. She continues to take the remedies with the same dosage as she fears a return of the previous problems. Another reason for continuing is that she is comfortable with Vibronics and also knows that there are no side effects.

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## 13. Body pain, Psychic attacks, and Low blood pressure <sup>11573...India</sup>

On 23 April 2015, a 64-year-old man, a retired electrical worker, came to see the practitioner accompanied by his wife and younger son. They supported him so he could walk and also provided his medical history as the patient was hard of hearing. For a long time, he had been suffering from pain and inflammation all over his body, irregular urination, very low food intake and severe apathy. He had been battling with these symptoms on and off for 20 years. The patient's health had been profoundly affected by a history of traumatic injuries. He fell from an electric pole 20 years ago due to electric shock and badly fractured his right leg (a rod had to be inserted). He had an appendectomy 15 years ago, and had been paralysed from a brain haemorrhage 13 years ago. He had been having hearing problem for 35 years but was fitted with hearing aids in both years only 2 years previous. The patient also suffered from psychic attacks (nightmares, fits of depression, paranoia about black magic etc), of uncertain duration. He had been a good worker all his life but had suffered considerable stress in his workplace environment from unfair treatment. During the course of the one-hour meeting, the patient was agitated and talked continuously to himself, irrespective of whatever was being discussed about him. He could neither sit nor stand for more than a few minutes at a stretch because of the body pain. He came to the practitioner as a last resort since no prescription medicines including painkillers seemed to help. He kept pleading with folded hands for some relief. The patient was given:

**#1. CC3.6 Pulse irregular + CC3.7 Circulation + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.2 Psychiatric disorders + CC17.3 Brain & Memory tonic + CC18.5 Neuralgia + CC20.2 SMJ pain + CC20.4 Muscles & Supportive tissue...in water, every 10 minutes for 2 hours, then 6TD until improvement**

After ten days (3 May 2015), his son reported that for the first 3 days of treatment his father kept saying, "See, this too is not going to help me," but over the next 7 days there was a remarkable turnaround in his condition. At present, his pain and inflammation were almost gone, he was slowly returning to his former self and he also recovering his ability to sleep. He had started demanding his favourite food and was more aware of his surroundings. Above all he was happy.

After 15 days, he developed low BP (The family had not informed the practitioner about this tendency during the first meeting.). When this was reported, the patient's remedy was changed to:

**#2. CC3.2 Bleeding disorders + #1...QDS**

After one month, there was considerable improvement in all the symptoms. The dosage was reduced to **TDS** for the next 15 days. After further improvement, his dosage was reduced to **BD** in July 2015. As of August 2015, he has completely recovered and is continuing **#2...OD**. As the patient improved during the course of vibro treatment, his doctor reduced the allopathic medications and now, he was completely off them.

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**14. Viral fever** <sup>11573...India</sup>

The practitioner writes: Our younger daughter, aged 9, was suffering from cough, headache, sore throat and cold for two days. As the monthly class tests were going on, she went to school in spite of her illness. On the evening of the second day, I prepared:

**#1. CC9.2 Infections acute + CC11.3 Headaches + CC12.2 Child tonic + CC19.2 Respiratory allergies...TDS**

Two doses were given before the child went to sleep. But as fever and cough mounted during the night, the remedy was modified to:

**#2. CC9.2 Infections acute + CC11.3 Headaches + CC12.2 Child tonic + CC19.2 Respiratory allergies + CC19.3 Chest Infections chronic + CC19.6 Cough chronic ...in water every 10 minutes from midnight to 2 am**

By six o'clock in the morning, all four symptoms were gone and she went to school as usual. The treatment was continued for a week.

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**15. Diabetes** <sup>11573...India</sup>

A lively, cheerful 47-year-old woman came to the practitioner on 10 April 2015 with multiple problems. She had suffered a brain haemorrhage 18 years ago after a homoeopathic overdose. She fortunately recovered from it. A year later, she was diagnosed with a benign cervical tumour. She had also been suffering from pain, inflammation and cramps in her arms and legs, for which she was taking allopathic drugs. Fifteen years ago, she was diagnosed with diabetes and was currently on insulin but her blood sugar was not well controlled. She was given:

For diabetes:

**#1. CC6.3 Diabetes + CC12.1 Adult tonic...TDS**

After 12 days treatment (on 22 April 2015) the patient happily informed the practitioner that for the first time in 15 years, her blood sugar had come under control; so her insulin was reduced. Now, the practitioner started her on a second remedy:

For inflammation, pain and cramps:

**#2. CC3.7 Circulation + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue...TDS**

As of August 2015, the patient had completely recovered from the inflammation and cramps, so **#2** was stopped. The patient is continuing with **#1** with the goal of further improvement in blood sugar.

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**16. Migraines, High Blood Pressure, Haemorrhoids** <sup>11573...India</sup>

In May 2015, a 73-year-old man came in for treatment of migraine, from which he had suffered since childhood. The condition was likely inherited as other family members had the same problem. The patient declined to provide other details of his medical history. The patient was very active but he was facing challenging family issues. He was given:

**#1. CC11.4 Migraines + CC15.1 Mental & Emotional tonic...TDS**

After a month's treatment there was no improvement in his condition and he developed high blood pressure as well. The patient was not very forthcoming as to possible causes despite much prodding by the practitioner. Then one day the patient came to the practitioner and told him sheepishly that he had also been suffering from bleeding piles (haemorrhoids) for the past 2 years. He had tried everything to cure the problem, to no effect. As his earlier Vibrionics remedy was exhausted, the patient was given:

**#2. CC3.2 Bleeding disorders + CC3.3 High Blood Pressure (BP) + CC4.4 Constipation + CC10.1 Emergencies + CC11.4 Migraines + CC15.1 Mental & Emotional tonic...TDS**

By the next morning the bleeding had stopped. His migraines and BP were considerably reduced, and he was able to resume his usual routine. Within two days, his haemorrhoids were completely cured. His



mental outlook also began to improve. After 15 days the patient's migraines and BP were both under control. The use of **CC10.1 Emergencies** in #2 was discontinued and treatment was continued with: **#3. CC3.2 Bleeding disorders + CC3.3 High Blood Pressure (BP) + CC4.4 Constipation + CC11.4 Migraines + CC15.1 Mental & Emotional tonic...BD**

As of August 2015, the use of **CC3.2 Bleeding disorders** in #3 had been discontinued and the patient is taking the maintenance combo:

**#4. CC3.3 High Blood Pressure (BP) + CC4.4 Constipation + CC11.4 Migraines + CC15.1 Mental & Emotional tonic...BD**

No other change was planned for the future except for a gradual reduction in dosage.

The practitioner's comment:

It is important to note that a complete cure is possible only when the patient shares all health problems with the practitioner.

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### 17. Sore throat, cough & hoarseness <sup>11574...India</sup>

A 75-year-old male singer was suffering from sore throat, cough and also hoarseness of voice for the previous two weeks. The practitioner prepared:

**CC19.6 Cough chronic + CC19.7 Throat chronic...TDS**

After two doses, he was able to spit out lots of sputum and felt the throat clearing up. He continued the treatment for two weeks. His condition was cured and his voice recovered completely.

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### 18. Chronic throat, Ankle pain and Hot flushes <sup>11964...India</sup>

A 54-year-old woman came in complaining of throat infection, ankle pain and hot flushes. She had been suffering from cough, throat pain, itching in her throat and hoarseness for the past twenty years. The symptoms worsened after eating when she would feel a lump in her throat. She was also extremely allergic to anything sour. Whenever the throat condition got worse, which would be once every two to three months, she would take anti-allergic allopathic medicine that gave temporary relief. She had ankle pain for four years due to Plantar Fasciitis, for which painkillers gave only temporary relief. She started getting hot flushes two years ago and had at least two to three episodes a day.

Her sad demeanour suggested that she had resigned herself to her fate and was going about her chores by dint of sheer will power. At the time she started Vibrionics treatment, she was not taking any other medicine. On 10 December 2014, the practitioner gave her:

For Plantar Fasciitis, cough and hot flushes:

**#1. NM3 Bone I + NM6 Calming + NM8 Chest + NM10 Climacteric + NM32 Vein Piles + NM36 War...TDS**

For pain and chronic throat problem:

**#2. NM59 Pain + NM71 CCA...6TD**

On the 7<sup>th</sup> day, the patient reported a 75% reduction in ankle pain and hot flushes and 50% relief in the throat condition. The dosage for #2 was then reduced to **TDS**. Within a month the patient was totally out of her melancholia and she reported more than 80% improvement in her overall health. She was in no pain and did not have a feeling of a lump in throat. The practitioner prepared a new remedy to replace #1 and #2. In the new combo, **NM8 Chest** and **NM71 CCA** were discontinued. **NM2 Blood** and **SM40 Throat** were added to tone up general condition and treat chronic problems:

**#3. NM2 Blood + NM3 Bone I + NM6 Calming + NM10 Climacteric + NM32 Vein Piles + NM36 War + NM59 Pain + SM40 Throat...TDS**

By the end of two months, the pain had completely gone, her throat felt normal and the hot flushes were far less frequent, occurring only on some days. Since there was no pain and no apparent infection, **NM2 Blood, NM36 War and NM59 Pain** were stopped. The patient was given a fresh combo to treat the remaining chronic conditions:

**#4. NM3 Bone I + NM6 Calming + NM10 Climacteric + NM32 Vein Piles + SM40 Throat...TDS**

In little less than three months, the patient was completely cured, and she was even able to enjoy sour fruits. As of July 2015, she is asymptomatic and is on a reduced dose of **OD**. The entire family has switched over to Sai Vibrionics after witnessing her improvement and cure.

The patient's comment:

I am from Delhi, India. I had been suffering from sensitive throat for almost twenty years. I often would have bouts of coughing and felt a lump in my throat especially after eating. Fearing the onset of cough, at

times, I would even avoid conversation with friends. Over time, my voice had turned hoarse and I could not eat anything sour or enjoy a cold drink. Anti-allergic or antibiotics would give only temporary relief. To add to my woes about three years ago I developed terrible pain in my left heel and ankle. The condition was diagnosed as Plantar Fasciitis. No amount of allopathic medicine could give relief. Hot flushes over the last two years were the final straw to put me in a state of total despair. I carried on with my life in a mechanical manner resigning myself to destiny.

On 10 December 2014, a day after our wedding anniversary, I received the best gift of my life via my husband in the form of blessed Sai Vibrionics remedies. Since then, my life has been a series of wonderful happenings. I don't remember the last time I felt so good physically and mentally. It has been six months now and I am enjoying the freedom especially when I eat sour fruits and savour cool drinks. I have no pain in the ankles and I can wear any type of footwear I like. I have also been introduced to the world of vibrionics and I am doing service by assisting in preparing remedies. My family members have switched over to vibrionics treatments entirely. I look forward to being a healer myself one day.

*If using the 108CC box give:* **CC8.6 Menopause + CC19.7 Throat chronic + CC20.4 Muscles & Supportive tissue**

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**19. Diffuse cerebral atrophy and Depression** <sup>11964...India</sup>

An 82-year-old man who had been suffering from multiple ailments withdrew into himself on 14 January 2015. He stopped all movements, refused to eat or take any medicine, had memory loss and did not recognize anyone. He had to be admitted in hospital where he was diagnosed with diffuse cerebral atrophy, acute confusional state, altered sensorium and dementia. While in hospital, his condition continued to deteriorate. He would at times get violent with nursing staff. He refused to take medicines. The doctors discharged him from the hospital after 15 days saying that the case was hopeless.

On 5 February 2015 the patient's son contacted the practitioner and asked him to visit the patient as he would not even open his eyes. The practitioner spoke with the patient alone in his room. After some insistent persuasion and a pep talk the patient opened his eyes and said that he was feeling a lot of pain all over his body. By Swami's grace, he accepted His vibhuti and agreed to take the vibro medicine. He was given:

**For mental confusion, dementia and loss of will to live:**

**#1. NM2 Blood + NM5 Brain TS + NM6 Calming + NM7 CB7 + SR268 Anacardium + SR425 Clematis + SR344 Avena Sat + SR428 Gorse...TDS**

**For debility:**

**#2. SM41Uplift...6TD**

**For positivity in the patient's surroundings:**

**#3. CC15.1 Mental & Emotional tonic + CC17.3 Brain & Memory tonic...TDS in water** to be sprinkled in the room and around the bed

The patient's son collected the remedies but did not give them to his father as there appeared to be some kind of apprehension about the treatment among family members. After three days, the son finally prevailed and started giving the remedy on 8<sup>th</sup> February. On day 3, the patient got out of his bed, by day 10 he started to accept solid food and by the end of two weeks' treatment, the patient started going to the toilet without any help. He started to recognize people and was coming to the dining table on his own. This is where the practitioner felt the Divine power in full flow and witnessed the miraculous effect of His remedies. Of course the patient's family considered it to be a miracle too.

By end of three weeks' treatment the patient had 80% improvement in his condition. After 40 days, he fully recovered in terms of alertness and confidence; he was cheerful and talkative.

The patient then complained of the development of tremors in his right hand. Therefore **NM43 Tremors** was added to #1:

**#4. NM43 Tremors + #1.**

**#2** was discontinued.

After two weeks, the tremors were 100% gone.

This elderly patient, who had gone to seed, completely recovered within less than two months of vibrionics treatment. As of August 2015, he is fully alert, happy and has no memory loss. He is continuing **#4** on a maintenance dosage.

The patient's son's comment:

My father was operated on for the replacement of his old pacemaker at the end of November 2014. After receiving a new combo pacemaker, he was recovering at home when in mid-January 2015, he developed a fever and then stopped recognising people. He lost his short term memory and started remembering old things from the past.

He was again admitted to hospital and diagnosed by the neurologist with diffuse cerebral atrophy, acute confusional state and altered sensorium. After 15 days in hospital there was no sign of improvement. Rather he became stubborn as well, stopped all movements and refused to take even medicine. It seemed that he had given up on living. Doctors advised us to take him home as they were helpless. At home the condition kept deteriorating as he refused to eat, open his eyes or get up from bed. Our entire house became topsy-turvy and a kind of gloom set in.

Then one day, one of his old friends visited him and after seeing him in this condition, advised us to meet a vibrionics practitioner. We had not heard of vibrionics before, but we were in a state wherein we tended to believe in every possible thing. I called the practitioner and explained the case. He was kind enough to come to our home. This was around 5th February. Initially I must admit that family members were reluctant. But I prevailed over them and started the treatment three days after receiving the medicines. It was nothing but a miracle thereafter.

On the third day of treatment, my father got up from bed and started eating fruits. He then started recognising people and showed interest in physical exercises being administered by the physiotherapist. In ten days' time his recovery actually accelerated and he cheerfully started to move around and began to communicate with friends and relatives whenever they visited. In a month his memory was completely restored. His food intake increased and he began to take medicines for other ailments as well. His stubbornness was gone. If not this, then what is a miracle!

He remains free of neurological symptoms though he has several other ailments for which he is taking vibrionics remedies with the utmost faith, along with allopathic medicines. As a matter of fact I am myself on vibrionics treatment now!

*If using the 108CC box give: **CC15.1 Mental & Emotional tonic + CC15.2 Psychiatric disorders + CC17.3 Brain & Memory tonic + CC18.1 Brain disabilities + CC18.6 Parkinson's disease***



## **20. Panic attacks and Fits** <sup>11964...India</sup>

A 28-year-old female saw the practitioner on 30 December 2014 with complaints of anxiety, fear, severe headaches, nightmares and panic attacks for past five years. She appeared to be under great stress and was reluctant to reveal much. In order to put her at ease, the patient was given:

**For calming:**

**#1. NM2 Blood + NM6 Calming + NM25 Shock + BR2 Blood Sugar...TDS**

She returned after two weeks and revealed that she was also suffering from frequent fits. At times she would faint while sitting or even cooking. She would lose self-control during the fits, tear her clothes and throw items around. Such episodes were invariably followed by severe frontal headaches for 3 to 4 hours. Initially, the fits used to occur almost every week, but they had gone down to once or twice a month with allopathic treatment, which she had taken for five years. Presently she was not taking any medicine and was getting fits every month. But the previous day she had two attacks of fits in a span of six hours. The practitioner gave her:

**For fits:**

**#2. NM6 Calming + NM50 Epilepsy + NM78 Epilepsy-B + BR2 Blood Sugar + SR235 Bladder + SR240 Kidney + SR260 Mag Phos...TDS**

**For emergency use during a fit:**

**#3. NM91 Paramedic Rescue + NM95 Rescue Plus... every 15 minutes** in case of an attack, until the patient felt comfortable.

The first dose of **#2** was placed under the patient's tongue on 17 January 2015. After three days she was feeling 50% better with no headaches at all. However, she complained of extreme weakness, so **#2** was replaced by the following:

**#4. NM2 Blood + NM75 Debility + NM90 Nutrition + #2**

Two weeks later the practitioner observed a complete change in her. With no headaches and fits, the patient was cheerful and lively. After having no further symptoms for another two weeks she was put on a

reduction schedule for the next two weeks. Six months later, she is asymptomatic on a maintenance dose of #4...OD. She and her family are all very happy. In fact there is a regular Vibrionics clinic at her house.

The patient's comment:

I live in Mangolpuri, Delhi. My health problem started five years ago when I went to my village after the birth of my second child. I began having fainting spells for no apparent reason. Upon regaining consciousness I would not recognize my family members and would behave in a manner that suggested a loss of mental balance. I was brought to Delhi and treated at several hospitals over the years. After six months of treatment, I started to recognize family members. However, the fainting spells continued. After two years of allopathic treatment, the frequency of the fits was reduced to 2-3 times a month from almost twice a week. But this did not help my anxiety, which continued. I could not be left alone. My entire family's life was disturbed.

In December 2014 my husband, who is an ex-Bal Vikas student and ardent Sai devotee, was approached by the practitioner to start a Vibrionics clinic in Mangolpuri from our house. Since this was a Sai service project, my husband readily agreed for a weekly clinic. It was then that my husband mentioned my medical condition to the practitioner

Initially we were reluctant to disclose all details, but after taking the Vibrionics medicine for two weeks I again had fits – twice in one day – and my condition was miserable. We immediately contacted the practitioner at his home and revealed my entire medical history of the previous five years. The truth is that even though I was shattered mentally and physically, I had never given up hope or my belief in Swami. I only felt bad for my husband, my children and other family members, who were suffering because of me.

I was given new medicines that started to change my condition immediately. A miracle started to unfold within a week. I felt calm, the agitations of mind stopped and the fits disappeared. I began to get sound sleep without nightmares. By the end of a month I was left with only memories of the miserable times.

It has been six months now and I have never felt better in my life. My family members and I are ever grateful to Bhagawan Baba for making us worthy of His grace and giving us the opportunity to assist in His service through Sai Vibrionics. The unfolding of miracle of Sai Vibrionics is being witnessed in Mangolpuri where the clinic has now been extended to three times a week.

**If using the 108CC box give: #1. CC15.1 Mental & Emotional tonic for the first visit and thereafter #2. CC8.1 Female tonic + CC15.1 Mental & Emotional tonic + CC18.1 Brain disabilities + CC18.3 Epilepsy**

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## ☪ Practitioner Profiles ☪

*Profiles from a diverse group of Delhi practitioners are presented in this special section, in which six new practitioners share their outlook and experiences to date. The Delhi profiles were organised and compiled by the Delhi-NCR coordinator<sup>02859...India</sup>. Her profile opens this section:*

**Practitioner<sup>02859...India</sup>** writes: I have been teaching Electronics at the University of Delhi for over 28 years and started practising Vibrionics in July 2011. Since then, I have had the opportunity to treat various acute and chronic conditions. Holding workshops and coordinating the Vibrionics activities in the Delhi-NCR region have also been a part of my activities.



Before discovering Vibrionics, I always had a very strong desire to serve but never found an appropriate platform.



The sole purpose of my going in for Vibrionics course was to search for one such platform. One of my first patients was the maid at a relative's place. I saw her limping on swollen feet that were obviously hurting and also full of pus. With the sincerest of prayers to Baba, I gave her my first remedy. In one week's time, all the pus had drained away, there was no pain and she was walking normally. It was unbelievable! [Editor's note: The complete case history is given below in 'Cases to Share'] I wondered how and why I was chosen as a tool to bring about relief in this person's life. As time

for one such platform. One of my first patients was the maid at a relative's place. I saw her limping on swollen feet that were obviously hurting and also full of pus. With the sincerest of prayers to Baba, I gave her my first remedy. In one week's time, all the pus had drained away, there was no pain and she was walking normally. It was unbelievable! [Editor's note: The complete case history is given below in 'Cases to Share'] I wondered how and why I was chosen as a tool to bring about relief in this person's life. As time

elapsed, I was blessed to have many such moments where I was left wondering, 'Why me?'. Serving in camps and bringing relief to the underprivileged has brought me unbounded joy. My deep desire to serve has been answered by Baba in the most unlikely way. Somewhere along the way, one has learnt to live with miracles.

I have also noticed that the world of vibrations is so strong that many inexplicable connections are established all the time. To cite one incident that occurred recently, a colleague at my workplace was discussing how in the eighth month of pregnancy, her only complaint was that there was a lot of itching.



Later, when I was going through my emails, a practitioner had actually sent in a case history with exactly the same problem describing how it had been dealt with very effectively! Such things happen all the time and remind us of Baba's unseen divine presence.

On a different level, Vibrionics is perhaps the best evidence that the connection between science and spirituality is very real – and at the same time, quite mystical. It is extremely fascinating as a topic for research. And of course, practising vibrionics is one of the best possible ways to Love All, Serve All!

**Cases to share:**

- [Parkinson's disease and Psoriasis](#)
- [Infected foot](#)
- [Toothache, Pica and Hair loss](#)
- [Examination stress](#)
- [Depression, Neck pain](#)
- [Depression in menopause](#)

**Practitioner<sup>11569...India</sup>** has a PhD in Electronics and teaches at the University of Delhi. She writes: "I do believe that I am a soul sent for some higher purpose, and that purpose is seva because I enjoy doing that the most. I also feel very fortunate to have a chance to serve others all the time, in one way or another. Having been an adherent of energy vibrations (chakras etc) for the last 5 years, I was introduced to Vibrionics in 2014 by a colleague, Practitioner<sup>02859...India</sup>, at the time when I was in desperate need of healing myself. I was treated successfully." She finds Vibrionics to be effective and convenient for patients and she is very thankful to be a part of the Vibrionics team.



**Cases to share:**

- [Eczema](#)
- [Chronic respiratory problems](#)
- [Scalp psoriasis](#)
- [Droopy plant](#)

**Practitioner<sup>11570...India</sup>** has a Masters in Public Relations. Having retired from government service, she currently runs a digital printing business. She has been practising Vibrionics enthusiastically since her AVP training in April 2015. She writes: "I have treated many patients. Acute problems such as fever, diarrhoea, mouth ulcers, sty on the eye, travel sickness, and others, have shown significant improvements after 2-3 days' treatment and sometimes in just one day too, by Swami's Grace. For chronic conditions including diabetes, hypothyroidism, chronic cough, epilepsy, depression, insomnia, nails problem, fissure, bruising, skin allergies, extreme itching in the body, piles, irregular menstruation



cycle etc – Vibrionics treatments have also produced significant results, again with Swami’s grace.”

**Cases to share:**

- [Abscesses and itchiness on leg](#)



**Practitioner<sup>11571...India</sup>** is a software engineer. Since beginning her Vibrionics practice in the spring of 2015, she has treated patients with problems such as cold, chronic cough, menses irregular, itching on skin during pregnancy, spondylitis, weak eye muscles, hair problems and indigestion. She was introduced to Vibrionics during pregnancy and was so impressed with its benefits that she took her training even as she was expecting a baby. She has since been blessed with a baby girl. She describes her experience below:

"Towards the end of my first trimester in pregnancy, one day I suddenly started having unbearable lower abdominal pain along with vomiting. The next morning when I went to see the doctor, I was still in pain. The doctor gave me two injections, one for pain and one for suspected acidity, and advised me to



get an ultrasound if the pain persisted. For the next two days, I didn't feel any pain. But after that, the pain returned. It was excruciating. I was really worried at that time. For the previous week or so, I had been having irregular bowel movements. I was constipated and also had to strain a lot to move my bowels. My mother got me a vibrionics remedy for constipation from Practitioner<sup>11476...India</sup>. After taking it for about a week (along with 3 litres of warm water every day) my condition was completely cured. I continued the treatment and never again faced constipation or any such problem throughout my pregnancy. This was how Swami introduced me to vibrionics. I decided to apply for the course and help needy people, myself and my family.

After completing my AVP training, which was an amazing experience for me, I started taking:  
**#1. CC4.10 Indigestion + CC8.2 Pregnancy tonic + CC12.1 Adult Tonic + CC15.1 Mental & Emotional tonic...TDS**

For the first few days, I felt very light physically as well as mentally but also so drowsy that I literally slept the whole day and got up only to have food. It took a few days before I got back to my normal self.

In the 8<sup>th</sup> month of pregnancy, I started having itching all over my body at night and was unable to sleep. So I took:

**#2. CC21.1 Skin tonic + CC21.2 Skin infections + CC21.3 Skin allergies + CC21.6 Eczema...TDS orally, also in coconut oil for external application**

After a week, I no longer had any itching and could now sleep peacefully. In the 38<sup>th</sup> week of pregnancy, my doctor told me that I had borderline pelvis and advised delivery through C-section, so I also started on:

**#3. CC10.1 Emergencies...TDS**

I continued taking **#1, #2 and #3** until delivery. On 2 July 2015, I was blessed with a beautiful and healthy baby girl. I continued the remedies for one more month, which helped me to quickly recover and care for the baby. A week after the C-Section, I felt as if I had had a normal delivery with bearable pain in the abdomen. This is the power of Sai Vibrionics. I feel so secure now that I have Swami’s blessings with me all the time.

I would like to add that the baby’s growth was normal throughout the pregnancy – this despite the fact that, during the whole pregnancy, I gained only around 6 kg including 3 kg of the baby’s weight. This was very significant to me. Even through I did not gain much weight, the baby and I were both healthy. On my first visit to the doctor nearly one week after delivery, I was back to my pre-pregnancy weight of 54 kg."





**Practitioner<sup>11572...India</sup>**, the wife of a retired Brigadier, recently retired herself from her professional career as the vice president in a communications company in charge of sales and marketing. She is now devoting her time to vibrionics seva and other Sai activities in

Gurgaon. She says that vibrionics has changed her life. It brings her immense joy to see smiles on the faces of patients after their treatment. She also expresses her heartfelt thanks to Baba for making her an instrument for this seva.

**Cases to share:**

- [Indigestion, Chlamydia, Menopause and Mouth Blisters](#)

**Practitioner<sup>11573...India</sup>** is a working professional. He is also a Naturopath and a Yoga practitioner. His



parents had been humble followers of Baba since the 1970s. Their sudden deaths in quick succession from cancer some 20 years ago initially drew him towards alternative medical systems. Because of his experience, it pains him greatly to see people spoiling their lives through poor choices in lifestyle. Many don't recognize the simple fact that most basic things required for a healthy life, like water, air and sunshine, are all natural and provided free by God. While giving vibro medicines, he makes it a point to advise each patient about appropriate lifestyle changes that would help that person maintain good health.

He first came to know about Sai Vibrionics through a Sai devotee in December 2014. The moment he heard about it, he knew that it was his calling. He started as AVP in April 2015.

He now thinks that, all these years, Baba was gradually preparing him mentally and physically to take up this new responsibility to offer service to mankind, which exactly matches his philosophy of leading a healthy life, the way he sees it — free of cost. He says, "I know Baba is the actual healer and I am only a medium but still feel privileged that Baba has chosen me for this noble cause. I strongly feel that after my association with vibrionics, I am able to connect better with Baba spiritually. This is the right platform to learn about selfless service and love for mankind." Below, he shares some cases in which he felt that Baba was guiding him right from the beginning.

**Cases to share:**

- [Body pain, Psychic attacks, and Low blood pressure](#)
- [Viral fever](#)
- [Diabetes](#)
- [Migraines, High Blood Pressure, Haemorrhoids](#)

**Practitioner<sup>11574...India</sup>** has a PhD in Computer Science and currently teaches at the University of Delhi. She completed her practitioner training in April 2015.



She came to know about Vibrionics through a colleague, Vibrionics Practitioner<sup>02859...India</sup>, who treated her for a skin condition. About two years back, she had severe acne on her face. Most the skin was inflamed. There was hardly any normal skin colour. The condition later spread to the skin on her neck and back. She took only Vibrionics treatment, no other type of ointment or medication. The effect was immediate. After just two doses, the redness on the face was reduced. In about two months, the skin was completely clear. She was amazed. The fact Vibrionics had zero side effects further fuelled her desire to learn more about this healing system. She feels especially blessed to be offering this seva because Vibrionics healing is holistic – not just physical but also mental, emotional and spiritual. To date, her most

common cases have been knee pain and other joint pain, pimples, acne and falling hair.

When she started her practice, she used to feel very anxious about the results. She would look forward to patients coming and telling her about the improvements in their symptoms. She would subconsciously wait for patients to give her good news about their cure. Over time she has developed a deeper understanding. Now she prays to Swami to help her select the correct remedy and seeks to practice detachment with the outcome. She hopes to be able to learn more and more about Vibrionics to help as many people as she can.

Here, she shares with us the positive effects of **CC1.2 Plant tonic** and the joy she has experienced as she steps into the world of Vibrionics. She writes, "I received my 108 Combo Vibro kit on 5 April 2015. As I was carrying my precious kit back home, my gaze fell upon a potted *Shalmia* plant [a seasonal plant with red flowers] that we kept on the stairs. Due to some preoccupation, it had not been watered for the previous two or three days. The plant looked dull and lifeless (see photo below, left). I said to myself,



"Here is my first patient". I added one drop of **CC1.2 Plant tonic** to 1 litre of water and gave it to the plant." She was expecting it would take few days for the plant to revive. The very next morning as she went outside to check on her 'patient', she was pleasantly surprised to see the same plant full of life. (see photo below, right).



Vibro also had a positive effect on a tomato plant. It was not planted but grew on its own in a pot. When the plant was about 4-5 inches tall, she started giving **CC1.2 Plant tonic...OW**. The plant bore fruit when it was about 3-4 feet tall. She then increased the vibro watering to every other day. The first yield was of 9 tomatoes, soon

followed by another five more tomatoes. (see photos below). They were delicious.



**CC1.2** was also used to rescue a Neem sapling which was failing because it had been transplanted repeatedly. Its leaves turned brown and fell off one by one. She continued watering it with **CC1.2 Plant tonic** and also stroked and hugged the plant. For two weeks it seemed to be dead, but on the 15<sup>th</sup> day, fresh green leaves were seen sprouting from one branch (see photo below, left). She writes, "Our happiness was almost same as looking at a new-born baby."





The practitioner also **CC1.2** to revive a delicate Ber plant from a nursery. Even with proper care including regular watering and adequate sunlight, the Ber dried up completely within 4-5 days of arrival in her home. The practitioner gave it **CC1.2 Plant tonic...OD**, for 1 week, then **#3TW** for the next week, but no improvement was seen. She persisted with the dosage. After 15-20 days, she saw small fresh green leaves at the base of the dry brown stem (see photo above, right). This was a happy moment. She has named the plant 'Hope'. It continues to recover with vibro.

#### Cases to share:

- [Sore throat, cough & hoarseness](#)

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#### Practitioner Profile <sup>11964...India</sup>

In 1978, on my successful passing out from the elite National Defence Academy, Khadakvasla, I was taken by my parents, who were in the Sai fold, to Shirdi and Puttaparthi for thanksgiving darshans. It was Swami's blessings flowing from His raised Hands that would see me through next 34 years of my rough and tumble life in the Indian Army. As an Infantryman, I was assigned several tours of duty in intense hostile environments where I witnessed much bloodshed and killing. Through all these experiences, I felt Swami's Divine presence and protection. His guidance helped me to put my service to the Indian Army and nation above concerns for self. By His grace I was awarded the Vishisht Seva Medal by the President of India for performance beyond the call of duty. I was also twice decorated by Northern and Southern Army Commanders for outstanding performance in the face of the enemy.



In 2012, when I retired from the Army at the age of 54 [Editor's note: with the rank of colonel], I was offered lucrative assignments. I declined them all and kept praying to Swami to grant me opportunities to serve Him. Since I was a member of the Sai family, it was natural for me to get active in Sri Sathya Sai Seva Organisation in my district in Delhi-NCR. But I was performing service activities in a mechanical manner. There was no perceptible change in me, nothing that would give me an indication that I was making spiritual progress. On New Year's day 2014, I learnt about Sai Vibrionics and got enrolled in the course. After completing the JVP course in April and becoming a practitioner, my life began to be reshaped with spiritual purpose. I began to witness the miracle of Sai Vibrionics as it unfolded its mystery to me. I started to see and feel the remedies working on people and plants.

On completion of my SVP course after a gruelling four days of training in December 2014, I received the SRHVP machine and cards from Dr Jit Aggarwal. I was then directed to undergo a cleansing process. The process itself gave me an excellent opportunity to dive deep within myself to seek to understand the true purpose of life. During this period, Swami allowed me to serve by sending a regular flow of patients and by healing them, despite my inadvertent mistakes and self-doubting approach at times. This is a testimony to His compassion and boundless love for us. His love now prompts me to share my experience of the cleansing process.

On 11 December 2014, I started the cleansing by taking **NM25 Shock...TDS**. On the sixth day, I came down with severe body aches, a splitting headache, and tachycardia (accelerated heart rate). My heart rate increased to more than 130bpm and my blood pressure shot up to 200/120. I stopped **NM25 Shock**, ate vibhuti and remained in bed for 36 hours. By the third day, I was 90% back to normal. I then started taking **NM85 Headache-BP + BR5 Heart + SM11 Blood Pressure + SM15 Circulation...QDS** and stopped all other medication including allopathic medicine for high blood pressure, which I had been taking for 15 years, and surrendered myself to Swami. In a week I was feeling 100% normal and restarted **NM25 Shock** beginning with **OD** and increasing it to **TDS**.

In first week of January 2015, through a pleasant turn of events I again found myself at Prashanti Nilayam where I met Dr & Mrs Aggarwal. They advised me to take **NM83 Grief...TDS** next for cleansing, which I began on 15 January. After three days my eyes felt heavy and so wanted to sleep during the day too, which I did. For the next two days I slept most of the time but each time I got up rejuvenated.

By the first week of February, just as I had begun to feel completely well, an old injury surfaced. I had suffered minor disc prolapse in the lumber region in 1990 while playing basketball. I had recovered through allopathic drugs, Yoga, acupressure and acupuncture. Now for no plausible reason I had acute sciatica pain in the left leg and a very sensitive knee, which immobilized the leg. I also had a stiff back that

would not let me bend at the waist. An MRI indicated disc protrusions in the entire lumber region. I was advised to take painkillers and nerve relaxants to reduce pain. I declined and instead applied vibhuti and took a vibro remedy that helped me to recover completely in less than two months:

**NM3 Bone Irregularity + NM6 Calming + NM21 KBS + NM24 Rheumatism & Arthritis + NM40 Knees + NM54 Spasm + NM113 Inflammation + OM16 Knees + OM30 Connective Tissue + SM33 Pain + SM36 Skeletal + SR271 Arnica + SR421 Bach Flower Cerato + SR479 Cartilage + SR500 Intervertebral Discs + SR510 Muscles + SR517 Parathyroid + SR540 Vertebrae...TDS**

At the same time I continued my cleansing regimen by taking **NM72 Cleansing...TDS**.

By Baba's grace I am asymptomatic to date. Experiencing the effects of the remedies myself has strengthened my faith in them. The forced rest also gave me plenty of time to restudy the vibrionics books including all the volumes of the Soham Series of Natural Healing. Most importantly, I was able to continue my seva and treat a regular stream of patients. New patients continue to give me further insight into the remedies.

I have completed more than one year of Sai Vibrionics seva, a year that has changed my life completely. I hold a regular clinic in my home where patients are seen for one hour in the morning and one hour in the evening. In addition other patients come by prior appointment made by phone. Some families in the neighbourhood have switched over to Sai Vibrionics completely. I also offer a clinic in an urban slum twice a week, using a room in the house of a Sai devotee.

By Swami's Grace, practicing vibrionics has given a new meaning to my life. It has become sole purpose of my existence. It is essentially seva with love and goes on 24/7. The best part is that just as I completed my SVP course, with Dr Aggarwal's prompting, my wife joined me in this venture as an assistant and we now work together as a team.

We continue to pray to our Beloved Bhagawan to make us pure channels of His love, His light and His healing energy so that we can help those whom He sends us.

**Cases to share:**

- [Chronic throat, Ankle pain and Hot flushes](#)
- [Diffuse cerebral atrophy and Depression](#)
- [Panic attacks and Fits](#)

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## ☪ The Answer Corner ☪

1. **Question:** *A patient of mine has memory problems. She feels she may be on the threshold of Alzheimer's disease. Will **CC17.3 Brain & Memory tonic** be sufficient or should I treat her for Alzheimer's?*

**Answer:** It will be best to give **CC17.3 Brain & Memory tonic** along with **CC18.2 Alzheimer's disease** since this will act as a preventive for Alzheimer's disease. In any case, remember that it is better to add an extra combo whenever you are considering whether to include it or not.

+++++

2. **Question:** *Will the vibrations escape/evaporate if the pill is left in the cap of the bottle for too long, for example, when I am looking for my child to pop the pill into his mouth?*

**Answer:** No, the vibrations are embedded into the pills. In fact, when the pills become too wet because we have put extra drops of the combo by mistake or we had to add many combos in the same bottle, we purposely leave the bottle open until the extra alcohol evaporates.

+++++

3. **Question:** *Do you prepare remedies in front of the patients or do you go to another room?*

**Answer:** When using the 108CC box, there is no problem about making the remedy in front of the patient. However, in the case of SRHVP, it may depend on the comfort level of the patient. For some, it may take the mystery out of vibro but for sceptical ones, it is better to go to another room.

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4. **Question:** *When writing a case history, if the practitioner is the patient, do we have to mention this fact or can we just give general details such as female, age 42?*

**Answer:** The practitioner does not have to identify himself or herself as the patient but doing so may give the case more authenticity. A practitioner, while reporting his or her own case, is more likely to describe the case in greater detail and possibly more accurately, especially the emotions experienced etc.

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5. **Question:** *What is the difference between doctor and practitioner? We often say, we are not doctors, but what exactly does it mean?*

**Answer:** 'Doctor' would generally mean a person who has undergone a long period of formal medical training and is then licensed by a government regulatory body to practice medicine. As you know the healing vibrations that we dispense are totally harmless and do not contain any chemical or herbal substance. Therefore we call ourselves practitioners so as not to be confused with trained doctors, usually allopathic.

6. **Question:** *Many people have mercury amalgam filling for cavities in their teeth. Mercury being a metal, would it not interfere with the vibro remedy? One of my elderly patients had a metal clip in a denture in her teeth. Would this not affect the vibro remedy when she holds it in her mouth?*

**Answer:** Like other metals, mercury may in general interfere with a vibro remedy. To be realistic, many patients have amalgam fillings or a metal bridges in their teeth. In practice, we have found the vibro remedies to be equally effective in such cases. As soon as a remedy is placed under the tongue, the vibrations are absorbed by the body.

7. **Question:** *Apart from vibrionics, I also provide other services completely free to my patients. Some people just come for guidance and I listen and counsel them, others ask for specific therapies such as reiki. This is seva too where I am giving my time to help people. Can this time be included in my reported seva hours?*

**Answer:** Your monthly report relates only to Vibrionics seva and hence seva with other therapies can't be included in your report. However, if you are counselling while treating with vibrionics, you can include the time spent in counselling.

8. **Question:** *Please advise what to do when a patient comes to us for some symptom and we notice that he also has another symptom (eg, a protruding bump on his forehead). Do we suggest a vibro for that too? Or just pray to Baba to help him?*

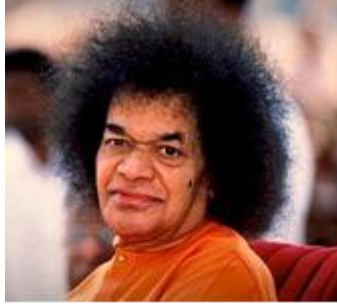
**Answer:** In every case we will pray to Baba as He is the Healer. What you say to your patient mainly depends on your rapport with him or her. If you know your patient well, you could gently enquire about the other symptom, keeping in mind the sensitivity of the situation. The bump on the head could, in patient's mind, be unsightly or a sign of malignancy or it could be due to domestic violence. If you don't know your patient well, it is better to wait before you talk about such things, until the patient has developed more faith in you and vibro remedies.

9. **Question:** *Can we apply olive oil on the rubber teat [rubber nipple] gasket inside the 108CC bottles for lubrication purposes to make it easier to open them?*

**Answer:** It will be best not to use oil or anything else on the gasket due to the risk of possible contamination of remedy in the bottle. Another easier way of opening a CC bottle is to keep the rubber teat and plastic cap stationary by holding them firmly with one hand, while turning the bottle with the other hand. for demo. [Click here](#) for a demo.

10. **Question:** *I heard that we should not shake the 108CC bottle before using it. Is this true?*

**Answer:** No. On the contrary, it is always a good idea to shake any remedy bottle before use. In the case of 108CC bottle, hold it vertically and shake it by tapping it against the palm of the other hand and *not* in a figure 8. During a charging session, you may be told not to shake the 108CC bottle, but this is merely to save time. As most practitioners will be travelling with their box, the bottles will get shaken anyway.



## Divine Words from the Master Healer

*"Plant a boiled pulse in the soil; it won't sprout. How, then, can it contribute life to the living? The vitamins and proteins that are valuable ingredients are destroyed while it is cooked to please the palate!... Uncooked food, nuts and fruits, germinating pulses are the best. Use these at least at one meal, say, for the dinner at night; this will ensure long life. And, long life is to be striven for in order that the years may be utilised for serving one's fellow beings" .*

...Sathya Sai Baba, "Good Health and Goodness" Discourse, 30 September 1981  
<http://www.sssbpt.info/ssspeaks/volume15/sss15-21.pdf>



*"You should undertake service, In fact, the hands are given to you to serve humanity. The hands that serve are holier than the lips that pray. Therefore, undertake selfless service and attain glory. When you undertake good work, you enjoy peace in your life".*

...Sathya Sai Baba, "Service To Man Is Service To God" Discourse, 1 January 2004  
<http://www.sssbpt.info/ssspeaks/volume13/sss13-22.pdf>



## Announcements

- ❖ USA **Shepherdstown, WV**: SVP workshop 18-20 September 2015 & AVP workshop 16-18 Oct 2015, contact Susan at [trainer1@usa.vibrionics.org](mailto:trainer1@usa.vibrionics.org)
- ❖ Poland **Wroclaw**: 19 Sep 2015 & **Warsaw** 3 Oct 2015, Refresher seminar, contact Dariusz at [wibronika@op.pl](mailto:wibronika@op.pl)
- ❖ UK **London**: Refresher seminar 4 Oct 2015, contact Jeram at [jeramjoe@gmail.com](mailto:jeramjoe@gmail.com) or by telephone at 020-8551 3979
- ❖ France **Tours**: Refresher seminar 10 Oct 2015, contact Danielle at [trainer1@fr.vibrionics.org](mailto:trainer1@fr.vibrionics.org)
- ❖ Italy **Padua, Venice**: SVP workshop 16-18 October 2015, contact Manolis at [monthlyreports@it.vibrionics.org](mailto:monthlyreports@it.vibrionics.org)
- ❖ India **Puttaparthi, AP**: AVP workshop 18-21 Nov 2015, contact Hem at [99sairam@vibrionics.org](mailto:99sairam@vibrionics.org)



## In Addition

### AVP Workshop in Delhi, 4-5 April 2015

The Delhi-NCR Coordinator<sup>02859...India</sup> reports: An Assistant Vibrionics Practitioner (AVP) training was held on 4-5 April 2015 in Delhi, India. Six participants attended after successfully completing the



correspondence course. After a review of the theoretical aspects of Vibrionics, the participants were guided into its practical aspects. Model clinics were carried out in which the participants took up real cases and prescribed treatments. Dr Jit Aggarwal interacted with the students via a Skype call. In what can only be divine design, the call continued for a full two hours with no connection problems!

Later, the new practitioners' 108CC kits were charged. This was a very energizing experience as the chanting of Om Sri Sai Ram reverberated in the training hall. All the participants were overjoyed to receive their combo box. [Editor's note: The AVPs who completed their training at this workshop share their experiences as new practitioners in this issue's Practitioner Profiles.]

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### First AVP Workshop in France, 21-22 June 2015

The French Coordinator<sup>01620...France</sup> reports: On 21-22 June 2015, three Vibrionics students from France and Belgium, who had successfully completed their e-correspondence courses, came to Tours, France, to receive their AVP practical training. They were taught by three Vibrionics teachers, so it was almost private lesson: one practitioner per student! The applicants did well on their test and all three of them qualified as AVPs.

For the training, we installed a very large screen to project the Vibrionics PowerPoint, so everyone could



see it easily from their place and answer questions.

We also assigned a special training exercise for the first night. After giving the students the 108CC book and explaining how to use it, we asked each of them to choose a case they had cited on their training application form and write it up properly, including the combos they considered giving. The next day they each read what they had written. We then discussed the treatment for each of the patients and the presentation of the case histories. This enabled the students to begin to become familiar with case histories and gain experience in researching the appropriate combos.

For the training, we prepared vegetarian meals with many vegetables and fruits for the students. We took advantage of our meals to explain and put into practice the benefits of a good diet and a healthy lifestyle.

At the end everybody was happy and blessed to have a long Skype interview with Dr Aggarwal. The new AVPs were quite enthusiastic about their session and ready to do loving seva for Swami.

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### Summary of the UK Practitioners' Meeting held on 16 August 2015, Ilford, Essex

This report was compiled by **UK Coordinator**<sup>02822...UK</sup> from notes prepared by **Practitioner**<sup>02899...UK</sup>, **Practitioner**<sup>03507...UK</sup> and **Practitioner**<sup>03510...UK</sup>.

The convener UK Coordinator welcomed the 15 practitioners in attendance including 2 participating via Skype and thanked everyone for their presence. He began by offering gratitude to Swami for blessing us with this healing science.

Excerpts follow:

## 1.0 Writing case histories

### 1.1 Guidelines for writing cases

For details, [click here](#) (You will first need to log into the Vibrionics website [www.vibrionics.org](http://www.vibrionics.org), using your username and password).

### 1.2 Criterion for submitting cases

This has been broadened as mentioned in July/August *Sai Vibrionics Newsletter*. Submissions are no longer limited to extraordinary cases but may include solid ordinary ones. All practitioners should review their patient records and submit relevant cases.

## 2.0 Receiving patients and staying centred on Swami during consultations

Suggestions based on group discussion:

### 2.1 Preparing for the appointment

- Mentally cleanse and centre the mind and heart on Swami.
- Ensure that you are peaceful and are not radiating negative vibrations.
- Pray/meditate to receive divine protection from negative energies.

### 2.2 Putting patients at their ease

- Welcome patients warmly when they arrive for their appointment and make them feel safe and comfortable.
- A female practitioner can sit near a woman patient to help foster a feeling of closeness and trust.

### 2.3 Listening to patients

- Allow patients to open up and then listen patiently. Making patients feel secure enough to confide their deep-seated feelings and listening patiently are the most important aspects of treatment.
- Give quality time to your patients. Stay focused.
- When you listen compassionately, a lot of hidden things come out. This triggers the start of the healing process.

### 2.4 Connecting to Swami

- Maintain your inner connection to Swami while listening to the patient.
- Listen to His guidance from within.
- "Hear as Swami" when listening to the patient and allow Swami to take over the entire session

### 2.5 Family versus individual consultations

In family group settings, some patients may take the opportunity to disclose problems to other family members, which they were unable to talk about before. On the other hand, one-on-one consultations may also allow greater openness for patients.

## 3.0 Questions for discussion

*3.1 Question: We recommend patients to say the Ho'oponopono phrases, "I am sorry. Please forgive me. Thank you. I love you". Whom am I saying this to? [Editor's note: The practitioner is referring to a Ho'oponopono (ho-o-pono-pono) mantra, used in the traditional Hawaiian practice of reconciliation and forgiveness.]*

Comments:

- The phrases are said to no one in particular. They are said to the universe in general.
- The phrases are being said to the soul. Your life is the result of your actions, your lifestyle. So far you have been taking in toxins through your five senses. These statements help you cleanse yourself. By saying them, you are taking full responsibility for everything in your life. You created it all. With this, you acknowledge your mistake, you say you are sorry, and you turn your focus to love, which cleanses and heals.

*3.2 Question: What do you do when the patient is uncertain of what type of headache he has?*

Comment: Add both combos, **CC11.3 Headaches** and **CC11.4 Migraines**.

### 3.3. Discussion of a difficult case: A lady plagued by intense jealousy

A Sai devotee was intensely jealous of her sister-in-law because of her many positive qualities. Along with vibro, different approaches were suggested:

- Recite the Ho'oponopono phrases (see above)
- Practice a cleansing exercise: Close your eyes, take three deep breaths and imagine a whiteboard. Write down all your negative thoughts on the imaginary whiteboard and then wipe it clean, leaving a clean, white board, like a mind cleansed of negative thoughts (Source cited: Dr. Srikanth Sola, *Golden Age Workshop*)
- Develop self-love, self-knowledge, and self-confidence. The patient's sister-in-law is only reflecting the beautiful qualities the patient herself has at soul level. Different practices can help: meditating, reading Swami's teachings and other spiritual writings (Michael Brown's *Presence Process* was cited), and using positive affirmations (those of Louise Hay were cited).
- Use Phyllis Krystal's Heart-Ribbon technique: Close your eyes, take three deep breaths and Imagine a ribbon made of Golden Light emanating from the heart region of the picture of your favourite deity. Watch as it connects to your heart. Next, imagine the same ribbon moving from your heart to the heart of the person against whom you have any negativity/anger/resentment. Then imagine the same ribbon moving from that person's heart back to the deity's heart. This completes a triangle of the ribbon and establishes that every single living being receives equal love from the Divine and that all beings are forms of love.

### 3.4 Treatment of various diseases (Practitioners' discussion)

Suggestions included:

#### 3.4.1 For anger and fear

It is helpful to add **CC4.2 Liver and Gallbladder tonic + CC4.10 Indigestion + CC13.1 Kidney & Bladder tonic.**

#### 3.4.2 For sleep disorders

- Use **CC10.1 Emergencies + CC15.1 Mental & Emotional tonic + CC15.6 Sleep disorders...**one dose half an hour before normal bedtime and if required, two more doses at half-hourly interval. If there is a possibility of mental issues, add **CC15.2 Psychiatric disorders + CC18.1 Brain disabilities.**
- **SM2 Divine Protection** has been used successfully on its own. Sometimes **CC18.1 Brain disabilities** has also been added.

#### 3.4.3 For epilepsy

Give **CC10.1 Emergencies + CC12.1 Adult tonic + CC18.1 Brain disabilities + CC18.3 Epilepsy.**

#### 3.4.4 For diabetes

- Add **CC13.1 Kidney & Bladder tonic** to the diabetes remedy.
- Warn patients not to stop the vibro remedy when the symptoms resolve. Instead, ask patients to discuss the reduction of allopathic medication with their doctor.
- Tell patients not to revert to eating sugary foods, biscuits and bread, as it may take a few years for the body to get back to normal. In the meantime, the patient should continue with the vibro remedy.
- Health tip for diabetics: Take one tablespoon of cinnamon powder, yoghurt and garlic in the morning and wait for 45 minutes for absorption before going about daily activities.

#### 3.4.5 Back pain radiating down to the buttocks:

- **CC20.5 Spine** is the appropriate remedy.
- If you think the problem could be linked to money issues, worry and stress, add **CC15.1 Mental & Emotional tonic** but also add **CC4.2 Liver & Gallbladder tonic + CC13.1 Kidney & Bladder tonic.**

#### 3.4.6 Psychosomatic disorders:

Give **CC15.1 Mental & Emotional tonic + C15.2 Psychiatric disorders + CC17.3 Brain and Memory tonic.**

### 3.5 Comments on the use of particular CCs:

#### 3.5.1 CC17.2 Cleansing

- This combo can cause a pullout, so give only at the end of a treatment or near its completion, when the patient is at least about 70% better.
- It has been used at the beginning of treatment for external cleansing of the patient's environment, with no problems.

#### 3.5.2 CC12.1 Adult tonic

It can be good to give this initially to build strength.

**Jai Sai Ram!**

*Sai Vibrionics*...towards excellence in affordable medicare - free to patients